



GAMH eBulletin

September 2015

Volume 1, Number 1

NEWS

WHO data

WHO has published its 2015 global health statistics. This is a valuable source of national, regional and global data, much of which is gender-disaggregated. In 2013, global male life expectancy at birth was 68 years and female 73 years. www.who.int/gho/publications/world_health_statistics/2015/en/

Ireland

The independent review of Ireland's national men's health policy 2008-13 has now been published. This has implications for policy development in Ireland and beyond. www.mhfi.org/policyreview2015.pdf

Addictions

A recent global study of addictions found that men are generally much more likely to be affected, e.g. an estimated 5% of the world's adult population (240 million people) suffer from alcohol use disorder (8% of men and 1.5% of women) and an estimated 22.5% of adults in the world (1 billion people) smoke tobacco products (32% of men and 7% of women). It is estimated that 11% of deaths in males and 6% of deaths in females each year are due to tobacco.

www.onlinelibrary.wiley.com/doi/10.1111/add.12899/abstract

Welcome

Welcome to the first eBulletin from Global Action on Men's Health (GAMH).

Our aim is to send all our members eBulletins on a regular basis from now on. You should expect to receive them initially every 6-8 weeks, but more regularly as our membership and capacity increases.



First things first: how does GAMH work?

Until recently, GAMH's membership was limited to its 8 founding members:

- Australian Men's Health Forum (Anthony Brown)
- Canadian Men's Health Foundation (Wayne Hartrick)
- Danish Men's Health Society (Svend Aage Madsen)
- European Men's Health Forum (Ian Banks)
- Men's Health Forum (England and Wales) (Martin Tod)
- Men's Health Forum in Ireland (Gillian Prue)
- Prostate Conditions Education Council/Men's Health Education Council (USA) (Wendy Poage)
- Sonke Gender Justice (South Africa) (Dean Peacock)

These organisations currently constitute GAMH's Steering Committee. The chair is Anthony Brown, the vice-chair is Wendy Poage, and the secretariat/Director is Peter Baker. GAMH's financial affairs are overseen by the Australian Men's Health Forum.

This year, following receipt of a grant for membership development from Pfizer, GAMH has begun to expand. In the last few months, we have been delighted to welcome the following organisations and individuals into membership:

- Men's Health Network (USA)
- MIU Men's Health Foundation (USA)
- Movember Foundation
- Ian Peate
- Steve Robertson
- Tim Shand

More information about all our current members can be found at www.gamh.org/current-members.

GAMH is now actively seeking to recruit new members, especially in middle- and low-income countries, so if you have any suggestions, please let us know.

Global survey

Movember has launched its inaugural Global Health and Wellbeing Survey. The Survey is designed to gather insights and ultimately help change the way the world thinks about men's health and wellbeing. Men and women (aged 16 years and over) across Australia, Canada, New Zealand, the United Kingdom and the United States can participate and organisations are invited to promote the Survey in the relevant countries.

www.globalhwsurvey.com

Canada costs

The Canadian Men's Health Foundation has estimated the costs of preventable men's health problems in Canada to be almost \$37 billion a year.

www.menshealthfoundation.ca/wp-content/uploads/2015/06/Economic-Impact-Inforgraphic-FINAL.pdf

Death rates

The diagram (right) from the Institute for Health Metrics and Evaluation (IHME) shows the global decline in the age-specific mortality rate, 1970-2010, for males and females. The smallest decline was in males aged 25-34.

www.business.unsw.edu.au/research-site/Documents/2013-Global-Burden-of-Disease-Report.pdf

Contact us

www.gamh.org

office@gamh.com

[@Globalmenhealth](https://www.instagram.com/globalmenhealth)



What will GAMH do next?

Besides recruiting new members and creating a new global network, GAMH will be actively seeking to:

- Encourage the World Health Organisation (WHO) and other international agencies involved in public health to develop research, policies and strategies on men's health. In 2014, Peter Baker was the lead author of an article in the WHO Bulletin which set out our case for action. We have a meeting with WHO in October 2015 to discuss our respective approaches to men's health and, hopefully, develop some collaborative work. Anthony Brown and Peter Baker are joint guest editors of a forthcoming special issue of the International Journal of Men's Health on policy responses to men's health inequalities.
- Urge individual states and non-governmental organisations (NGOs) to implement measures to tackle men's health problems and provide guidance on how to take effective action on men's health. At this stage, this will be achieved primarily by supporting the work of GAMH members, especially through information-sharing about effective interventions in the fields of policy and practice. Please send us any information or news you would like to see shared between members.

The global decline in the age-specific mortality rate, 1970-2010

